

COFFEE WITH Camilla

Hey Creatives!

You're listening to **Podcast #37 of the Coffee With Camilla** podcast where we will discuss the music industry.

I'm your host Camilla Kleindienst of Banner Music in Nashville TN

The title of this podcast is ***"Trust Your Gut"***

This is a tough subject because when you trust your gut, it's easy to miss an opportunity or make the wrong judgement call. In your career path, and life in general really, everyone must come to the place where they trust their gut. Part of Trusting your gut - is BEING SUPER HONEST with your gut too. Honesty with yourself and what your gut is telling you.

I always told my kids, that "gut" instinct is God's Spirit leading the human spirit. We all have it, it works in our hearts, minds and conscience. Often when I hear people say, "I should have trusted my gut on that!" This is a common theme. We all want something to work out in a certain way SO BADLY that we push aside what our gut is telling us and we go for it. Or we are too frightened to make a mistake we won't take a chance on something our gut is leading us toward. This is kind of a deep topic but I believe it's an important one.

Let's first talk about trusting people. I'm not talking about people in your personal life, although there are some parallels. I'm strictly speaking about professionals you come in contact with in the music industry. You must have a team around you at some point. Everyone does. You must have people around you that you trust. And you will make mistakes along the way. Everyone does.

But you are responsible for the judgements on your team members. It's your career so you are ultimately responsible for it. If you KNOW you have team members you don't really trust, or can't rely on, or are bringing you down, hurting your image, brand or not representing you in a positive way, it's up to you to deal



with it. It's your music career on the line and if you don't take control of it, who will.

There are two sides to this coin and we are going to talk about both.

Coin Side 1- You Trusted Once and Was Burned - Now You Don't Trust

What happens is, you find out at some point you listened to your gut and trusted the wrong person and they hurt you in some way or took advantage of you. It may have cost you friendships, performance opportunities, important music industry connections or opportunists or even a lot of money. So it makes you leary of trusting people.

Because of those negative experiences, you don't trust many people IF any people. Therefore, you are handling everything in your career yourself or you are frozen with indecision and your career is stalled out in some way. You WON'T trust your gut again. But did you REALLY trust your gut?

This is NO WAY to advance your career. Don't forget, you are working toward a career that requires advancing as you go. Or its just a hobby.

But there are trustworthy people out there and you need to find them. You need a team, you must have a team, and you must find trustworthy people. And it takes time.

Coin Side 2 - Even After Being Burned - You Find A Way to Trust Again

You were burned by untrustworthy people in your music career path. But that won't stop you. You are totally working toward building your team. You are learning to TRUST YOUR GUT. You are hearing that inner voice and you are making music career decisions based on your gut.

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When you have a gut feeling something is right, you must trust your gut, if your gut was right, some breakthrough happens and it will be AWESOME. If you decide your gut was wrong, you have to really evaluate WHAT was wrong? Why did you get the message wrong? It could be something as simple as you (your gut) missed something or you misinterpreted some opportunity.

Trusting your gut is NOT an exact science for sure. But I can't tell you the number of meetings I have had with songwriters and artists who have said something like, "My gut told me not to work with that guy or gal." Or "Something in my gut told me I needed to take advantage of that opportunity even though it didn't make sense at the time."

The root of this whole scenario is BEING HONEST with yourself. Your mind and heart being on the same page with what and who is connecting with you on your music career path.

Bottom line is, you have a "gut instinct" and you need to pay attention to it in ALL honesty with your mind and heart. Learn to trust it. Use this ability to trust your gut when you build your team.

I know you can do it. I'm still learning to trust my gut but it's worth the bumps along the way because I want to trust my gut more and more and not less.

Thank you for listening to Podcast #37 "***Trust Your Gut***". I hope this information was helpful to you as you make your way through your music career.

Please don't forget to **SUBSCRIBE & SHARE** this podcast with your songwriter, musician and performing artist friends.

Look for show notes on my website: **CoffeeWithCamilla.com**

We'll talk again soon! Stay Creative!